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# MEASLES OUTBREAK HITS OTTAWA

**Three cases in the city, Lanark County as kids head back to school**
metroNEWS

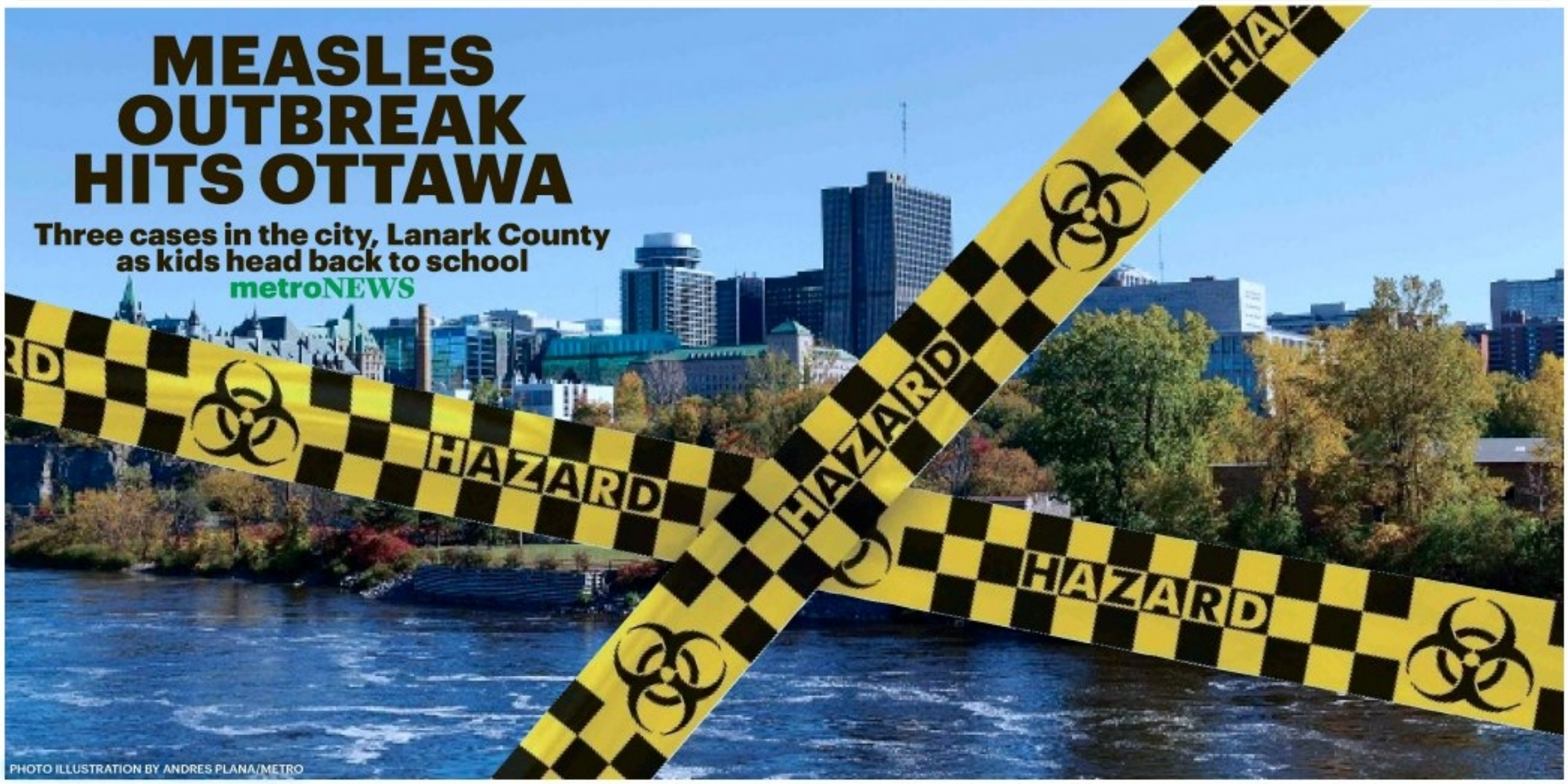


PHOTO ILLUSTRATION BY ANDRES PLANA/METRO

# Bodies found in separate cases

INVESTIGATIONS

## Ottawa police alerted to river, Quebec police to wooded area

Haley Ritchie
Metro | Ottawa

Police on both sides of the Ottawa River were investigating deaths this weekend after two bodies were found in separate cases.

Ottawa Police found the body of an unidentified woman "partially submerged" in the Ottawa River Sunday evening.

Police said the body was spotted by someone fishing in the river at 7:15 p.m. near Lady Grey Drive, behind the Royal Canadian Mint.

Staff Sgt. Frank D'Aoust said no foul play is suspected, but police are not sure how the body ended up in the water. Forensic investigators will be checking missing persons lists to try and identify the body. An autopsy is expected on Tuesday. Police are not looking for witnesses, but D'Aoust said anyone with information is welcome to come forward. Police have not yet released the name or age of the woman.

Officers from the MRC des Collines-de-l'Outaouais are also investigating after a body was found in a wooded area in La Pêche on Sunday afternoon.

The body was found at the back of an isolated cottage on Pontbriand Road, in the Lac-des-Loups area north of Gatineau Park, around 4:20 p.m. The victim had been dead for some time, according to reports, and the death is being treated as suspicious. Police continue to investigate.

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Your essential daily news

Apple's new iPhone 7 could see the end of the headphone port. **Business**

WILDLIFE RESCUE

## Rumour sends animal lovers on wild rat chase

**Haley Ritchie**
Metro | Ottawa

Oh, rats. It was just a rumour.

Animal lovers with the Ottawa Pet Rat Rescue scurried around the city on a two-hour rat hunt this weekend after hearing rumours that an irresponsible breeder had released 1,500 furry vermin in the Byward Market.

On Saturday morning, the organization posted a plea to their Facebook page, asking for volunteers to help look for the rampant rodents at the market.

WIKIMEDIA COMMONS

"We have just been informed that a feeder breeder has dumped a large number of rats outside," reads the post. "He claims there are 1,500 of them currently running loose in Downtown Ottawa in or near the Byward Market."

A "feeder breeder" is someone who breeds rats intended to be food for other pets like reptiles. The person behind the prank claimed to have dumped the rats at 41 Clarence Street.

Volunteers spent two hours on a rescue mission searching for the creatures, worried that restaurants and businesses would treat the escapees as vermin — pet rats or not.

By 6:30 p.m. Saturday, the organization posted an update, noting that no evidence of rats had been found anywhere in the market.

"This is actually wonderful news, since it seems like this person was telling lies for whatever reason," reads the update. "We asked a few of the local businesses to get in touch if they did spot any rats. And thank goodness there aren't actually 1,500 running loose in need of rescue!"

TOURISM

## Hotel industry gears up for banner year in 2017

With visits to the capital expected to be up by about 20 per cent in 2017, hotels in Ottawa say they're already gearing up for their busiest year ever.

"We're seeing much more interest around the Canada Day weekend but we're also seeing interest around all of next summer for individual guests to travel," says Ross Meredith, the general manager of the Westin Ottawa.

His hotel also has conference bookings that coincide with the Canada Day weekend and as a result is fully booked.

"We will have a record-setting occupancy year at the Westin Ottawa in 2017," Mr. Meredith says.

He says hotel management is already thinking about staffing levels and plans to start hiring additional staff in January.

Prices will be up in response to the increased demand.

OTTAWA BUSINESS JOURNAL

# Death of cyclist was avoidable: McKenney

TRANSPORTATION

## Councillor says city can do more to make roads safer

**Lucy Scholey**
Metro | Ottawa

An Ottawa city councillor says she's frustrated the city ignored warnings that the yield-to-bikers signs on the Laurier Avenue cycling lane were not visible enough.

Somerset Coun. Catherine McKenney says the city could have done more to prevent the tragic death of 23-year-old Nusrat Jahan last Thursday.

Jahan died while cycling through the intersection of Laurier Avenue and Lyon Street. Witnesses say the driver of the construction truck that killed her was turning right when it "right-hooked" her.

There are signs along Laurier Avenue warning drivers to yield to cyclists when turning right. But according to a 2013 city report, about 30 per cent of drivers surveyed said they did not see the signage.

> **We have got to design our roads so that traffic travels slower.**
> Catherine McKenney

McKenney says there's more the city can do. She's backing the "Vision Zero approach" — a global movement that aims to cut "preventable deaths" on its roadways. In Ottawa, that starts with looking at injuries and deaths on our roads and analyzing what could be done to prevent them in the future.

"We have to put the onus on road design," she said. "We have got to design our roads so that traffic travels slower, that pedestrians have got safe space to move around, that cyclists have safe space to move around."

Kitchissippi Coun. Jeff Leiper said no one is perfect — and cities need to better plan for that.

"We know that people make mistakes," he said. "We should be able to anticipate the kinds of mistakes that people make and then design our streets such that when they make those mistakes, that the results aren't a catastrophic injury or, worse, death."

McKenney said the new Booth Street Bridge — which opened Labour Day weekend sans cycling lanes — is another example.

"We can no longer build Booth Streets without bike lanes," she said. "We can no longer build overpasses over Queensways without sidewalks. Every single new construction. Every single reconstruction has got to put the level of safety comfort of all users, especially the most vulnerable — pedestrians and cyclists — at the forefront.

"If it's safe for pedestrians and cyclists, it's safe for everyone."

A cyclist passes flowers displayed in memory of Nusrat Jahan, a 23-year-old cyclist who died near the intersection of Laurier Avenue and Lyon Street on Thursday. HALEY RITCHIE/METRO

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# Measles outbreak likely to keep kids from school

HEALTH

## Two children, one adult have contracted the virus

Lucy Scholey
Metro | Ottawa

**A pediatrician holds a dose of the measles-mumps-rubella (MMR) vaccine.** THE ASSOCIATED PRESS

Some students may not return to school this week, after three cases of measles surfaced in Ottawa and Lanark County.

Two children and one adult contracted the highly contagious virus that manifests as a blotchy rash, fever, cough and white spots in the mouth. It's preventable through a vaccine. All three related incidents are due to unvaccinated or "incompletely vaccinated" patients, according to an Ottawa Public Health release.

"Measles is very uncommon in Canada," said Dr. Carolyn Pim, of Ottawa Public Health. "We take it very seriously. We consider even a single case of measles an outbreak."

While the immunization rate among school-aged children is high in Ottawa — 98 per cent — at least three students will be asked to stay home this week.

"Children who have not had two doses of vaccine and have been exposed to measles — we exclude them from school," said Dr. Pim. "Depending on how many doses they had, they may be able to go back to school right away after they've got their vaccine or they may have to stay out for up to three weeks."

According to the Immunization of School Pupils Act, unvaccinated students can be suspended from school.

There may be different reasons why people are not immunized, Pim noted. Some have weakened immune systems, while others may be too young (under age one).

While she would not divulge details about the measles patients, she said it's commonly contracted when someone travels to a part of the world where measles is more widespread than Canada.

Ottawa's last measles outbreak was in 2014, when public health reported four cases of the virus.

There's no specific treatment for the measles apart from intravenous fluids and fever medication. If untreated, it can lead to ear infections, pneumonia, swelling of the brain or death.

If you think you may have the measles, call your doctor ahead of time. Do not just show up at the clinic.

"We don't want individuals sitting in waiting rooms and potentially infecting other people," said Pim.

Ottawa Public Health and Leeds, Grenville and Lanark District Health Unit are investigating the outbreak. It's still possible more cases will come forward, said Pim.

"But because of our high immunization rate, we're hopeful that we won't," she said.

> **We take it very seriously. We consider even a single case of measles an outbreak.**
> Dr. Carolyn Pim of Ottawa Public Health

### AT RISK

If you think you may have been in contact, please call your local health unit:

- **Ottawa Public Health** — 613-580-6744
- **Leeds Grenville Lanark Public Health** — 613-345-5685

OTTAWA PUBLIC HEALTH

## List of risk locations and times

Ottawa Public Health released a list of the times and locations where anyone could have been exposed to the measles virus. Were you in any of these spots at these times? If so, you may want to double-check your immunization records. If not, your risk of contracting measles is very low.

**1 The Children's Hospital of Eastern Ontario (CHEO), 401 Smyth Rd, Ottawa.**
- **Emergency Room:** Aug. 22, 2016, 2 p.m. to Aug. 23, 2016, 2:30 a.m.
- **Inpatient Ward 4 East:** Aug. 23, 2016, midnight to Aug. 23, 2016, 11:59 p.m., Aug. 25, 2016, 8 a.m. to Aug. 28, 2016, 8 p.m.

**2 The Ottawa Hospital (General Campus), 501 Smyth Road, Ottawa.**
- **Emergency Room:** Aug. 23, 2016, noon to Aug. 24, 2016, 1 a.m.
- **Module G:** Aug. 26, 2016, 9 a.m. to noon

**3 Carleton Place Hospital, 211 Lake Ave E, Carleton Place.**
- Sept. 1, 2016, 8:30 a.m. to noon

**4 Carlingwood Shopping Centre, 2121 Carling Ave, Ottawa.**
- Aug. 31, 2016, 1 to 6 p.m.

**5 Kanata Superstore, 760 Eagleson Road, Kanata.**
- Aug. 31, 2016, 6:30 to 9:30 p.m.

**6 The Lone Star Restaurant, 4048 Carling Ave, Kanata.**
- Aug. 31, 2016 at 5 to 8 p.m.

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PSAC members and supporters march on Elgin Street Monday during the annual Labour Day parade. HALEY RITCHIE/METRO

# Labour Day march unites workers

CELEBRATION

## Diverse causes represented on Elgin Street

Haley Ritchie
Metro | Ottawa

Hundreds of activists and unionists took to Elgin Street on Monday for the annual Labour Day parade — carrying banners for causes as diverse as the Trans-Pacific Partnership to Black Lives Matter.

Anti-capitalist group Solidarity Against Austerity dedicated their march to the Justice for Abdirahman Coalition.

"We see racism and a tax on workers and various other types of oppression as very interconnected," said organizer Dylan Penner. "We're here in solidarity with the black Somali community."

Plenty of union locals from the trades, schools and public service were also out in the parade, waving colourful banners and singing songs.

The International Brotherhood of Electrical Workers retirees group, who have been marching in the parade for more than eight years, brought along horse-drawn wagons this year.

"We're running out of ideas," admitted president Jean-Charles Samson with a laugh, adding that the wagons were a change from double decker buses of previous years.

Samson said the parade was a chance to celebrate the labour movement, but he was also concerned about the Trans-Pacific Partnership.

"We don't want to lose control of our own country. Once you're in a pact, you're in a pact. I don't think it's working out to our favour," he said.

Eleanor Riley was marching with the 15 and Fairness campaign, which is demanding a $15 an hour wage and more rights for minimum wage workers.

"We're not a union, which might make us unique from a lot of other groups here today," said Riley. "We're a pressure campaign aiming to put pressure on the provincial government while they review our labour laws."

The 15 and Fairness group was also one of the younger groups in the parade, and Riley said it could be because the minimum wage affects a lot of young people.

She said a $15 minimum wage boost would "be the difference between being able to afford your rent, your food or the rising price of hydro. Or to pay to put yourself through university."

Several student groups, including the Canadian Federation of Students and university workers unions, were also marching in the parade.

CONSTRUCTION

# Developer eyes more retail space

The developer and property manager behind the Ottawa Train Yards shopping centre is proposing an expansion that would add more than 5,000 square metres of new retail space.

The development proposed by Controlex Corporation calls for the construction of three new single-storey buildings along Industrial Avenue.

The largest would be a 3,326.86-square-metre retail building. Also included is a 1,941.67-square-metre retail building and a building to be used as a café. The largest building on the site is the same size as the recently announced Nordstrom Rack location that's scheduled to open in 2018.

OTTAWA BUSINESS JOURNAL STAFF

EDUCATION

# Influx of students to need extra support

Special education — and particularly autism supports — are expected to be front and centre for schools and parents as Ontario students head back to school.

"The pressure is definitely building, because the needs are there and the numbers (of special needs students) are higher," says Marg Spoelstra, executive director of the research and advocacy group Autism Ontario.

Recent changes to the province's autism services for children will result in an influx of students coming to school who need additional supports, she added. But there's a long way to go before those Ontario students get the help they are entitled to, whether it's one-on-one educational assistants or teachers trained to use applied behaviour analysis (ABA). TORSTAR NEWS SERVICE

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# Entrepreneur truckin' along

FASHION

## Lainie Towell sells clothes, jewellery from Voguemobile

David Sali
Ottawa Business Journal

Lainie Towell has taken a leave from her day job to launch Voguemobile, joining a growing number of store owners who are hitting the road. MARK HOLLERON

Every entrepreneur knows there will inevitably be a few bumps on the road to success. But Lainie Towell is feeling them a little more tangibly than most.

The 44-year-old Ottawa native has spent the summer selling dresses, bracelets and other items out of a 25-foot former Purolator courier van that she has converted into the city's first mobile clothing store.

Towell makes regular appearances around town, parking her van in various lots that have been zoned for retail use. Since her travelling fashion outlet, called Voguemobile, first hit the streets in June, it has attracted plenty of social media buzz and has already begun to amass a loyal following.

The self-proclaimed "fashion trucker" also takes her motorized store to major events, such as the Ottawa Jazz Festival, and does private showings at occasions like bachelorette parties. Typically, she has about 200 items in her inventory ranging from evening dresses to scarves and other accessories.

"Why would a woman want to buy a dress off the back of a truck?" the affable entrepreneur says with a grin, already anticipating the obvious question. "Seriously, why?"

Part of the answer, she says, is pretty simple. To stand out in today's increasingly fragmented retail marketplace, a new business has to offer customers something a little different.

If shopping at a fashion truck doesn't fit the bill, what does?

"That's exciting, that's an experience, that's a story," Towell says. "And that's what people want. It's like when you go travelling somewhere, and you're like, 'Oh my God, I got these great shoes at this little boutique in Strasbourg that was off the beaten path.' It's the whole story around it."

A former professional dancer who took a leave of absence from her marketing job at a non-profit agency to give her entrepreneurial dream a shot, Towell started out by selling bracelets made from fragments of old licence plates at craft shows.

She initially wanted to carry on the vehicle theme by setting up shop in a vintage trailer. While doing research online, she stumbled across a growing trend south of the border: mobile retail outlets.

Before long, she was in touch with a Californian named Stacey Jischke-Steffe, the co-founder of the American Mobile Retail Association, who helped guide her through the process of getting her business on the road.

With financial backing from a friend, she bought a van and spent several months refurbishing it into a dress shop on wheels. By early summer, she was ready to try her luck.

"Everything about this project feels like it's been a challenge because everything's so new," says Towell, who required a special itinerant seller licence from the city.

Learning to manoeuvre a remodelled delivery van around Ottawa's streets was no small hurdle for someone who normally drives a Fiat. Then there was the question of where to park her four-wheeled boutique.

Through trial and error, she discovered a couple of spots – one next Kunstadt Sports in the Glebe, another across from the Mayfair theatre in Old Ottawa South — that seemed to catch fashionistas' fancies. The ByWard Market? Not so much — too many tourists who aren't interested in buying, she says. "At least I can get up and go to another parking lot if one doesn't work," she notes. "I haven't signed a lease for five years somewhere. That's very appealing."

Towell plans to return to her marketing gig part-time in the fall, but will keep the truck fuelled up in case she decides to do pop-up appearances.

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# Get your country fair fix

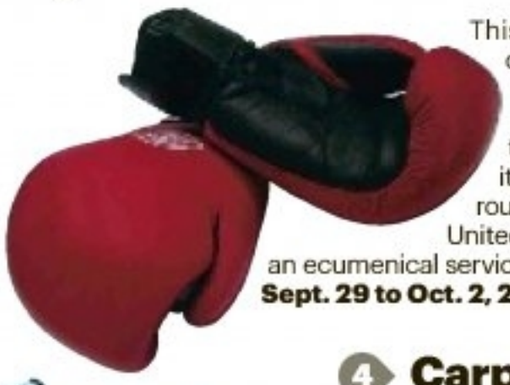
Do the cool nights and back-to-school specials have you hankering for apple cider and cotton candy? Do you suddenly, inexplicably, have a craving to watch spray-painted old cars bash each other to smithereens? Never fear: Metro has you covered with this handy-dandy rural fair roundup.

**EMMA JACKSON** METRO

## 1 Spencerville Fair

If you want a world champion, you've got to start them young. The Spencerville Fair's got you covered on that front, at least if you want to raise the world's best tractor puller: A new "pedal pull" event will let the kiddies try their hand at a foot-powered version of the classic country fair event. Of course, the fair's got all the regular goodies for a country fair lover, too: a demolition derby, live music, a midway and agriculture shows.
**Sept. 8 to 11, 22 Ryan St., Spencerville**

## 2 Metcalfe Fair



This year's fair marks 160 years strong, and organizers are pulling out all the stops to make it special. On Friday night, fireworks will light up the sky — a first for the fair — and on Saturday the best from the Beaver Boxing Club will make its Metcalfe Fair debut with several exhibition rounds. And on Sunday, the Anglican, Catholic and United church congregations will join together for an ecumenical service at 10 a.m. in the community centre.
**Sept. 29 to Oct. 2, 2821 8th Line Rd., Metcalfe**

## 3 Renfrew Fair

Come for the horse shows, stay for the massive midway. The Renfrew Fair is known for its livestock competitions, including heavy and light horse shows and the Renfrew County 4H championships, where local kids can reap the fruits of their hard work raising sheep and cattle. But this year the fair could also become notorious for its revamped midway, which is under new management and will boast 25 rides for everyone from toddlers to thrill-seekers. If you're able to keep your cotton candy down, this fair's for you.
**Sept. 7 to 11, 115 Veterans Memorial Blvd., Renfrew**

## 4 Carp Fair

The Carp Fair is probably the most accessible to Ottawa's city slickers, but it's no less of a true country fair. With all the usual agriculture shows on the lineup, the fair's family-friendly agriculture tent will also feature rope-making demonstrations, sheep shearing and — what else? — a big exhibit on dirt. New this year, a Foodland Ontario tent will also feature local vendors selling homemade products, from honey to soap and everything in between. Once you've emptied your wallet on all those goodies, you can head to the arena to catch award-winning Canadian country singer Corb Lund.
**Sept. 22 to 25, 3790 Carp Rd., Carp**

## 5 Russell Fair

The Russell Fair has come a long way in its 158 years. Alongside the obvious horse shows, mammoth vegetable contests and demolition derby, the fair will also debut a new craft beer festival on Saturday. For $20, guests can sample five local brews, including suds from Embrun's brand new microbrewery, Tuque de Broue. Also new this year, the fair will feature kid-friendly frog races — they're exactly what they sound like — and escape rooms for adults and kids.
**Sept. 8 to 11, 1076 Concession St., Russell**

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# Vets fond of medical pot

MEDICINE

## Data highlights popularity of drug with PTSD sufferers

When he opened a medical marijuana shop in Kingston earlier this year, Trevor Hands had little idea who his customers would be, how much they would buy or how his business would grow simply through word of mouth. He does now.

Business is booming for Hands, thanks in large part to an influx of business from a single demographic: former Canadian Forces soldiers.

A review of Veterans Affairs Canada data on medical marijuana users, obtained by The Canadian Press under the Access to Information Act, suggests the number of users has grown most dramatically in those parts of the country where marijuana shops and clubs cater to a local population of military veterans.

Are those businesses simply meeting demand — or creating it? Usage rates — and the commensurate federal costs — are generally higher in those areas where the stigma and barriers to medical marijuana use have been lowered or eliminated, said Zach Walsh, a University of British Columbia psychology professor.

**Trevor Hands** is the founder of Medi-Green. Business is booming for Hands, thanks to an influx of business from a single demographic: former Canadian Forces soldiers. LARS HAGBERG/THE CANADIAN PRESS

Marijuana clubs and shops play a key role in removing those barriers, he said.

"The reason we see higher concentrations in areas where it's promoted is because it gives the individuals with PTSD the opportunity to find out that it works," Walsh said.

Veterans are proving well-educated about the potential benefits of pot, said Mike Southwell, vice-president of Marijuana for Trauma, which helps clients to understand the drug and navigate the federal benefits program that pays for it. Once cannabis helps one veteran, they tell two others, and so on and so on, said Southwell.

"If a veteran tells another veteran about something that is working for disability, you can be guaranteed that they will tell a hundred other vets."

It's that kind of growth the federal government wants to get under control. The Liberals are expected to announce changes to the medical marijuana program in the coming weeks after years of exponential growth — and soaring costs.

This year, the program is expected to carry a price tag of $25 million. In 2008, when the government first started covering the cost of medical marijuana, Veterans Affairs had licensed users in only five so-called "forward sortation" areas, defined by the first three characters of a postal code. By 2012, there were 50 forward sortation areas with cannabis users. Three years later, it was 565; this year, 588.

THE CANADIAN PRESS

**$25M**

**Expected cost of the medical marijuana program for 2016.**

COURT

## Hearing for 'knees together' judge due

A hearing is to begin Tuesday for a Federal Court judge who asked a sexual assault complainant why she couldn't just keep her knees together.

The Canadian Judicial Council is to determine whether Justice Robin Camp, who made the comments in 2014 while a provincial court judge in Calgary, should be removed from the bench.

Camp acquitted a man of sexually assaulting a 19-year-old girl after deciding that the man's version of events was more credible.

Court transcripts show Camp questioned the woman's morals, suggested her attempts to fight off her attacker were feeble and described her as "the accused" throughout the trial. He asked her: "Why couldn't you just keep your knees together?" and said "pain and sex sometimes go together." The verdict was overturned on appeal and a new trial was ordered. THE CANADIAN PRESS

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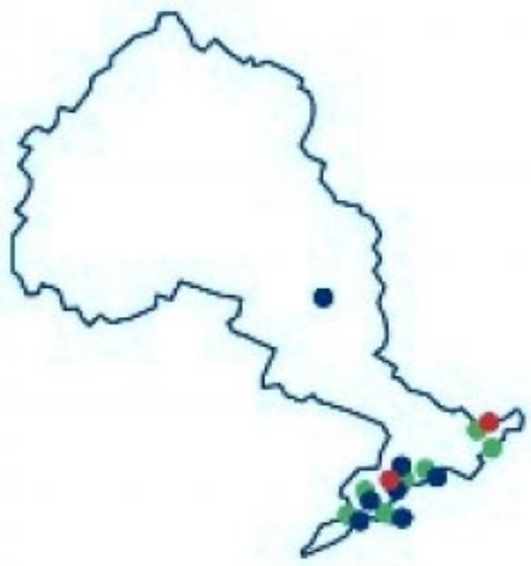

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# Coast guard talks water safety

RIVER

## Advice triggered by accidental arrival of 1,500 Americans

People celebrate as they start the Float Down at Lighthouse Beach in Port Huron, Mich. Thousands of people gathered for the event and floated down the St. Clair River and ended up in Sarnia, Ont. MARK R. RUMMEL/THE TIMES HERALD/THE ASSOCIATED PRESS

The image of hundreds of Americans on inflatable rafts and makeshift platforms bobbing helplessly down the St. Clair River as strong winds pushed them towards the Canadian shore is one Peter Garapick isn't going to forget.

The Canadian Coast Guard superintendent of search and rescue was on the water near Sarnia, Ont., when the festive air of the unsanctioned Port Huron Float Down turned tense as participants realized they were drifting towards a foreign country without their passports, cash or much clothing.

Now, just two weeks after some 1,500 stranded Americans were rescued, corralled and shuttled home, Canadian and U.S. authorities have met to discuss how they'll prepare for next year's event.

"We will engage and start the conversation with people who think they're going to consider this and say, you know, start talking safety," said Garapick.

Authorities on both sides of the border have committed to work on a co-ordinated response for future events, and a plan to encourage safety and common sense on the water, he said.

The Float Down, which has been running on and off since the late 1970s, is "inherently dangerous," but nonetheless continues to attract participants looking for a party down the river between Michigan and Ontario, Garapick said.

This year's event, however, stood out for the sheer number of people who had to be helped by coast guard, border services and police after high winds blew floaters clear across the border on Aug. 21.

"We knew by nine that morning it was going to be a challenge," Garapick said. "We knew everybody was going to come our way, but it was sunny, the weather was half decent and the folks who do this are not boaters, they are not mariners and they don't think about that."

> **We knew by nine that morning it was going to be a challenge.**
> Peter Garapick

As participants were pushed towards Canada, a number of them panicked — many looked about in dismay as the floats they were on jammed together, creating a crush of inflatable devices. Others jumped into the rising waves and struck out for the U.S.

"This is where people die, they think they can make it," said Garapick. "We actually forced people back on their floats."

Garapick remembers pulling a woman who was four months pregnant from the water, watching in dismay as someone tried to swim back to the American side.

"A lot of people may have never left America before and now here they are going to a foreign country without any ID," said Garapick. THE CANADIAN PRESS

ASSISTED DYING

## Scores line up for legal challenge

Scores of suffering Canadians who've been excluded from the federal government's restrictive eligibility criteria for medical assistance in dying are lining up to join a constitutional challenge to the new law.

The British Columbia Civil Liberties Association, which is spearheading the challenge, has been "overwhelmed" by "scores" of responses to its call for help in the case, says Grace Pastine, the association's director of litigation.

The BCCLA has also been stunned by the response to its crowd-funding campaign to pay for the legal battle, which so far features one plaintiff — Julia Lamb, a wheelchair-bound 25-year-old who suffers from spinal muscular atrophy, a degenerative disease.

Just 10 days after announcing the constitutional challenge in late June, the BCCLA met its goal of raising $75,000.

"It is a testament to how important and deeply personal this issue is to so many Canadians" said Pastine.

THE CANADIAN PRESS

Gyulzar Julia Yakobi, right, with grandson, Elio, and her daughters Nargis Hannah and Khadidzha Ada. CONTRIBUTED

# Immigration saga due to math error, family says

Gilbert Ngabo
Metro | Toronto

Relief could be on the way for a Toronto woman embroiled in an immigration case that has left her stuck in Moscow for the past two months.

Gyulzar Julia Yakobi travelled to Russia for medical treatment in July. Her permanent resident card had expired, and the Canadian embassy refused to offer her a travel document to come back.

But that could change soon, according to information from Immigration, Refugees and Citizenship Canada.

"Should Ms. Yakobi decide to appeal the decision at the IAD, she would be entitled to a travel document to allow her to return to Canada pending the outcome of an appeal," said a spokesperson.

The family has already filed an appeal, claiming the whole saga emanated from a math error on behalf of the embassy staff, who claimed Yakobi had been physically present in Canada for only 65 days out of the past five years.

The required minimum time is 730 days out of five years, and the family says she hasn't left Canada since 2013.

Yakobi's daughter Nargis Hannah said they're hopeful the office will realize the mistake and correct it in time before more damage is done.

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# Innovation is key, G20 says

ECONOMY

## Leaders pledge 'inclusive growth' to spread benefits

China agreed to co-operate more closely with its trading partners on its politically volatile steel exports as leaders of major economies ended a summit Monday with a forceful endorsement of free trade and a crowded agenda that included the Koreas, Syria and refugees.

In a joint statement, Chinese President Xi Jinping, U.S. President Barack Obama and the leaders of Britain, Japan, Russia and other Group of 20 nations pledged to boost sluggish global growth by promoting innovation.

"The global recovery lacks momentum," Xi told reporters after the meeting. "We need to do more to unlock the potential for medium and long-term growth."

There was no mention of a global stimulus or other joint action, which officials said earlier was unworkable because economic conditions vary widely from country to country.

In an effort to shore up public support for trade, the leaders promised "inclusive growth" to spread the benefits to people who have been left behind by wrenching change. That reflects a recognition that economic strains are fueling political tensions and a growing clamour to raise barriers against foreign competition.

The statement expressed "opposition to protectionism on trade and investment in all its forms."

The governments pledged to avoid devaluing their currencies to boost exports. They called for co-operation to reduce tax avoidance. They appealed for stepped up aid for surging global numbers of refugees and their host countries.

Chinese leaders hope the two-day meeting will increase their influence in managing the global economy.

They want the G20, created to respond to the 2008 financial crisis, to take on a longer-term role promoting trade and economic growth. The joint statement reflected that ambition by calling it the "premier forum" for economic co-operation.

Beijing made trade a theme of the gathering in this lakeside city southwest of Shanghai but faces complaints that a flood of low-cost Chinese steel into global markets threatens U.S. and European jobs, propelling the rise of political movements that promise to curb trade.

The joint statement calls for formation of a steel forum under the Organization for Economic Cooperation and Development to study excess production capacity.

THE ASSOCIATED PRESS

**Leaders pose for a group photo during the G20 Summit in Hangzhou, China.** World leaders are gathering in Hangzhou for the 11th G20 Leaders Summit from September 4 to 5. GETTY IMAGES

> **The global recovery lacks momentum.**
> Chinese President Xi Jinping

PROTECTIONISM

## PM warns against anti-trade sentiments

Justin Trudeau spent days urging world leaders to fight back against rising anti-trade sentiments, but he says there's little risk that protectionist forces seen in the United States and Europe will spill over into Canada.

Justin Trudeau

The prime minister, who made the remarks Monday at the end of the Group of 20 summit in China, said he believes Canadians in every demographic group broadly support positive engagement with the world.

"I'd be very careful and hesitant to apply situations that might be described in other countries to Canadians because we've seen Canadians are — and all demographic groups combined - generally open and positive and optimistic about the future," Trudeau said.

THE CANADIAN PRESS

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## IN BRIEF

**Hermine lingers offshore, bringing rough waves, rip currents**

Hermine twisted hundreds of miles offshore in the Atlantic Ocean on Monday, creating large waves in some southern New England beach waters that lured in surfers despite the rough surf and rip currents that kept most beachgoers away on the last day of the holiday weekend.

"These are more seasoned surfers who live for the thrill of these waves," said Kim Buttrick, a meteorologist with the National Weather Service in Taunton, Massachusetts.

THE ASSOCIATED PRESS

**Twin bombings near Afghanistan's Defence Ministry kill 24**

Twin bombings near the Afghan Defence Ministry killed at least 24 people on Monday, including two security force generals, in an attack claimed by the Taliban. Public Health Ministry spokesman Ismail Kawasi said another 91 people were wounded in the attack. Interior Ministry spokesman Sediq Sediqqi said a district police chief and five police officers were killed.

THE ASSOCIATED PRESS

Decades of conservation work in China have paid off for the giant panda, whose status was upgraded from endangered to vulnerable due to a population rebound. AFP/GETTY IMAGES

## Giant panda removed from endangered list

A leading international group has taken the giant panda off its endangered list thanks to decades of conservation efforts, but China's government discounted the move on Monday, saying it did not view the status of the country's beloved symbol as any less serious.

The International Union for Conservation of Nature said in a report released Sunday that the panda is now classified as a "vulnerable" instead of "endangered" species, reflecting its growing numbers in the wild in southern China. It said the wild panda population jumped to 1,864 in 2014 from 1,596 in 2004, the result of work by Chinese agencies to enforce poaching bans and expand forest reserves.

The report warned, however, that although better forest protection has helped increase panda numbers, climate change is predicted to eliminate more than 35 per cent of its natural bamboo habitat in the next 80 years, potentially leading to another decline.

In a statement to The Associated Press, China's State Forestry Administration said Monday that it disputed the classification change because pandas' natural habitats have been splintered by natural and human causes. The animals live in small, isolated groups of as few as 10 pandas that struggle to reproduce and face the risk of disappearing altogether, the agency said.

THE ASSOCIATED PRESS

# Execs hone improv skills

EDUCATION

## Role-playing helps students learn to think creatively

**Instructor Kevin Frank** reacts during an activity at Second City during an improv workshop for business people. TORSTAR NEWS SERVICE

Tiffane Wang is an audit director at the country's largest bank, and manages a team of three people.

After leaving the office one recent Thursday, the RBC employee became someone else. Or more precisely, something else: a cog in a pretend and totally pointless human machine along with five total strangers.

Wang, who graduated from York University with an MBA, is taking "Intro to Improv for Business" at The Second City Training Centre to learn skills that she was never taught in school. Introducing herself to the class, she said she hoped the course would teach her the confidence to move up in the bank. Maybe the lessons would also help her loosen up whenever she's put on the spot.

Once largely the domain of comedic actors, improv is increasingly becoming an accepted way for businesspeople — from students to corner-office executives — to hone interpersonal skills.

Business schools in Canada and the U.S. are taking note. Of eight Canadian business schools canvassed, half said they offered improv lessons as a required or optional course (Waterloo, McGill, UBC and Western). Improv is also taught in some top-tier U.S. business schools, including the Massachusetts Institute of Technology.

Daena Giardella, an actor and organizational team consultant, has given an "improvisational leadership" course at MIT mainly for MBA students and graduate-level university fellows since about 2007. The students role-play scenarios with a business twist.

It's not Saturday Night Live material, but Giardella says these improv students learn to think quickly and creatively.

"It teaches them how to think on their feet, how to use their imagination, to trust their creativity and to feel comfortable with vocalizing their ideas," she said.

The Second City's improv class in Toronto runs $305 for a seven-week course (21 hours total). One instructor, The Second City Training Centre in Toronto artistic director Kevin Frank, studied economics and sold computers for a living before he heard the siren song of improv and joined the troupe more than two decades ago.

The lessons are meant to encourage students to take risks and accept failures.

"It's for any person in business who would like to be an effective communicator, who wants to collaborate with others and come up with creative solutions," he said.

TORSTAR NEWS SERVICE

CABLE

## Broadcast regulator examining skinny-basic TV

The national broadcast regulator and the country's four biggest television service providers are in for an earful this week over the rollout earlier this year of so-called skinny-basic TV.

The Canadian Radio-television and Telecommunications Commission will kick off public hearings Wednesday to discuss how the new, trimmed-down $25 packages have been offered to consumers.

Hundreds of complaints were filed with the CRTC and consumer groups in the weeks after the regulator mandated the packages, which came into effect March 1. Many complainants expressed disappointment that the long-awaited arrival of smaller basic TV packages and different channel choices didn't prove to be the deal they'd hoped for.

To the Consumers' Association of Canada, which received about 1,000 complaints in just six weeks, it appeared many cable providers were trying to discourage consumers from switching to the smaller offerings by making them as unattractive as possible, said the group's president, Bruce Cran.

While the packages themselves were mandated to cost $25 or less, that price often excluded routine discounts, such as those offered for bundling two or more services, but included extra fees for necessities such as the rental of a digital TV box.

THE CANADIAN PRESS

TECHNOLOGY

## iPhone 7 could lose jack

Apple is expected to unveil the latest iterations of the iPhone at an event in San Francisco on Wednesday, and while only a minor refresh is anticipated, rumours that the devices will lack a headphone port have created a major flashpoint for iPhone devotees.

Steve Wozniak, who co-founded Apple with Steve Jobs, heads a list of commentators calling the presumptive move a bad idea that could trigger a consumer backlash.

"If it's missing the 3.5-millimetre earphone jack, that's going to tick off a lot of people," Wozniak told The Australian Financial Review last week.

Deutsche Bank analysts in their iPhone preview in July said the headphone jack will be removed in the new phones, which are expected to hit stores on Sept. 16.

Last week, Apple sent media invitations for the event on Wednesday, which is presumably being held to announce handsets dubbed the iPhone 7 and 7 Plus, along with a next generation of Apple Watch.

The invite hinted at an iPhone camera upgrade that may include a dual lens module with an added sensor for improved image quality. Apple declined comment.

Multiple online images have also highlighted the absence of an earbud jack on the new device, while the Deutsche Bank review said the removal will allow for a thinner and more water-resistant iPhone.

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metro VIEWS
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PHILOSOPHER CAT by Jason Logan

## ROSEMARY WESTWOOD

### ON THE ALLURE OF REMOTE PROPERTY LISTINGS

# Astronomical real estate costs have spawned a new pastime: contemplating the amazing deals that can be found, if only you'd agree to radical relocation.

My brother's new(ish) home in Vancouver is not what I, growing up, imagined you'd call a million-dollar home. But of course, in today's market, it's worth even more than that.

It is lovely. A big open kitchen overlooking the two apple trees and rose bushes, a full suite to rent out in the basement, intricately detailed wood floors and enough room for his little family.

But it's really a lovely average home, at the average — and yet astounding — price of real estate in this city.

Sure, we're almost getting used to these price tags (or hearing about them, anyway), but astronomical real estate costs have also spawned a new pastime: contemplating the amazing deals that can be found, if only you'd agree to radical relocation. Even those, like me, who couldn't afford a shed in Flin Flon, can't resist the click.

**GO BIG AND GO HOME** Why pay a multimillion-dollar price tag for some second-rate ocean-view house in Vancouver when there are actual castles to be had at comparable prices? ISTOCK

Instead of shucking out an average $710,000 for a home in Toronto, for example, you could spend a fraction of that — just $135,000 — for a historic 100-year-old two-bedroom cottage on 3.47 acres in P.E.I., a short stroll to the fishing harbour and beaches.

Can't you just imagine yourself playing bocce ball on that rolling green lawn, and plodding barefoot in the morning over that worn, buttery old wooden floor to pour your first cup of coffee? You could literally own this home for less than a "conventional" 20 per cent down payment in Toronto.

Even that medieval castle in England for $2.48 million seems a like steal, given that average home prices in Vancouver are only about half that right now.

Actually, that castle is about the same cost as a run-down, three-bedroom, two-bathroom home in Vancouver, on a meagre 33-foot lot (though it does have ocean views).

Compare that to the view of your own personal 14.5 acres from the ancient windows of your literal castle, which has, naturally, eight bedrooms, seven bathrooms, and, of course, a moat.

Let's be clear: Unlike the Vancouver house, we're not talking about a teardown. We're talking about sprawling stone walkways, beamed ceilings, sprawling gardens, and a soaker-tub set in the old turret.

Never has the New York Times "What you can get for..." real estate feature seemed more appealing than now, when that $740,000 you might dream of paying for a home in Toronto's Corso Italia gets you a mid-century, three-bedroom, three-bathroom open-concept mid-century home on Lake Champlain in Vermont.

You've always wanted lakefront property right? That three-storey peaked ceiling with large, lazy fans hanging down? That whole wall of floor-to-ceiling windows? That wide, sun-soaked deck?

Maybe you could even get a sailboat ...

# In our city, cyclists can't be too careful

COLLINS' CAPITAL
**Steve Collins**

Every traffic fatality is unacceptable and avoidable, but collectively they're a fact of life and death in the city.

Last week's accident at Lyon and Laurier, where a truck killed cyclist Nusrat Jahan was both shocking and horribly familiar.

The location mattered. Laurier Avenue's segregated bike lane — with its concrete barriers and bright paint markings — is supposed to be our red carpet for cyclists through the downtown core.

You're supposed to be safe here and, statistically, you are. According to city figures, since the lane opened, bike traffic has tripled while the overall number of collisions has decreased.

The statistics were small comfort last week, as many cyclists no doubt saw themselves suffering Nusrat's fate either at that particular intersection or at so many others.

Intersections remain the trouble zones of the Laurier bike corridor. Some have suggested separate signals for cyclists and motorists, or prohibiting turns across the bike lane at some intersections.

In general, Ottawa could do more to back up its official happy talk about encouraging "active transit" by redirecting a fraction of the fortune it lavishes on roads and motorists towards the gaps and weaknesses in our cycling network. Projects like the O'Connor Street bike lane are too rare.

It's a matter not just of money but of attention, too. The agenda for tomorrow's meeting of the transportation committee, for example, is as usual dominated by motor vehicles and public transit.

Two-wheeling citizens should certainly be permitted to take the lane at city hall more often, but it's not in the city's power to make them perfectly safe. No policy, no rule, is a substitute for a helmet, a mirror and your full attention.

As a pedestrian, I've noticed a big improvement on Laurier simply from the extra separation between me and the ongoing parade of steel and glass, but I've never cycled the lane and I probably never will.

I haven't owned a bike since I was in high school. I borrow on occasion, but have neither the nerve nor the skill to contend with downtown traffic. I like to ride wherever the action isn't, and I'd recommend the same for anyone of my meagre abilities. But that decision's also reflective of my personal tolerance for risk, and you have to decide what yours is.

Who ultimately cares about your safety more than you do? Absolutely nobody, apart from perhaps your mom.

Nobody wants you to get hurt, and most everyone on the road is keeping at least half an eye out for you, but their minds frequently wander. While you're not on your own out there, it's always safest to assume that you are.

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Fashion police: 800 shops shut down in Iran for selling "inappropriate" clothing

# Parents face the 'dreaded September'

MENTAL HEALTH

## Families grieve when millennials fly the nest, finally

Genna Buck
Metro Canada

This week, Tony and Lorelei Woolridge waved goodbye at the same spot in the St. John's, Nfld. airport where they've shed tears nearly every September for the past eight years. Lorelei calls it "the escalator that takes my children away."

Her daughter Julie, 25, was the first to go, at age 17, on a soccer scholarship to Farleigh Dickerson University in New Jersey. Then her oldest, Erin, 28, left to study naturopathy in Toronto. Finally, Carolyn, 21, went to Acadia University in Nova Scotia. She just headed back for her fourth year. That was the hardest.

"This time I was just sobbing," Lorelei Woolridge said.

Despite all the talk of millennials being too attached to their parents, most do eventually fly the nest. And when those close bonds are finally tested by distance, parents are often surprised by the depth of their sadness.

Tony Woolridge knows the feeling. Though he's immensely proud of his successful, independent kids, he said he's "miserable" the first week without them. "Both of us are not really fit to speak," he said.

"We both miss them, but I worry about the little things more," he said. His recent concern is Erin, who has been looking for an apartment: "If there's something that a dad should do, and I'm not there to do it, that frustrates me. If she was home moving from one apartment to the next, I could get a truck and move her."

For new empty-nesters, "Distress can be severe, not unlike the experiences of those going through the stages of grief and mourning," consumer studies professor Carolyn Curasi wrote in a 2013 study of Irish, English and American mothers. Some participants even reported needing antidepressants and sleeping pills to get through the upheaval.

> **If there's something that a dad should do, and I'm not there to do it, that frustrates me**
> Tony Woolridge

Nicole Mills, a single parent from Mississauga, Ont., is well acquainted with the grieving process. She refers to the drive to Laurentian University in Sudbury with her daughter Jada, 19, as "the dreaded September."

"The void is quite big. Not seeing her shoes at the door can be rough," Mills said. "This year she asked me not to cry. Well, that didn't go over too well. But I don't believe I was as bad as I was the first year."

Mills, too, wants to be there for little things Jada needs. She'd like to cook meals so her daughter could concentrate on her second-year biology and psychology courses, and her goal of getting into veterinary college.

"If I could impart anything to other parents: As long as you know you've raised your child with basic life skills and confidence, they will move mountains," Mills said.

As a mother who has been through the process three times, Lorelei Woolridge advises bereft parents to stay connected on FaceTime and Skype. It's how she coped with the "emotionally destroying" impact of being apart from her girls for special occasions like Julie's engagement.

And it helped to spend those difficult first few days after saying goodbye at a cottage with her husband and extended family. It "was like medicine," she said.

**Nicole Mills struggles — and cries — every September when she helps her daughter Jada, 19, pack up and head out on the drive from Toronto back to Laurentian University, five hours north in Sudbury, Ont.** CONTRIBUTED

"My sisters-in-law came put their arms around me and gave me a hug and said, 'How are you doing, are you alright?' And they tell me, 'We're going to take care of you and get this off your mind.' They're recognizing the loss too. It is a loss."

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# Why women aren't wearing bras

STYLE

## Fashion and feminism collide in latest trend

In ancient Greece, women wrapped bands of linen across their chests. In the 1500s and beyond, restrictive corsets were commonplace among the higher classes of Western society. In 1914, American socialite Mary Phelps Jacob patented the first modern brassiere.

Since then, there have been bullet bras and Wonder-Bras and sports bras and the "world's sexiest bras," as Victoria's Secret claims, and all sorts of padded and plunging and push-up varieties. But in summer 2016, many women decided to ditch them all.

Across the pond, the Evening Standard declared "Free the Nipple" was this summer's biggest fashion trend, though not always tied to the feminist equality movement of the same name.

Celebrities like Kardashian-sister-turned-model Kendall Jenner have made headlines for going bra-free — in her case, following a blog post where she wrote, "I really don't see what the big deal is with going braless."

Plenty of Toronto women agree. Some cite fashion, others feminism, and many just basic comfort. Whatever the reason, it's a clear rejection of the push-up bras and uniform silhouettes long peddled by lingerie retailers.

"The pendulum is swinging the other way," says Catherine Hundleby, a professor of women and gender studies at the University of Windsor. "Many women, mainly small-breasted women, are enjoying a freedom."

(From left to right) Dayna Armstrong, Laura Beeston, Nekesa Mbadiwe, Britt Caron and Bora Meraj are embracing the bra-free trend. MELISSA RENWICK/TORONTO STAR

That's the case for Britt Caron, a child and youth worker in Toronto. A self-described small-chested woman, she wore padded bras when she was younger, but now, at 27, skips wearing a bra as often as possible for comfort reasons. "I'm a feminist, and a big fem-activist, and I believe women can do whatever they want, and should do whatever they want," Caron adds. "I don't believe women should feel pressure one way or the other."

> **I don't believe women should feel pressure one way or the other**
> Britt Caron

During conversations of bra-free comfort, feminism is sometimes the undercurrent. Hundleby says the trend is rejecting uniformity in the fashion world — that women should all dress the same way, and wear the same bras. "Men aren't expected to hide their nipples, but women are expected to hide our nipples," she adds. "This is a response to that, fashionwise."

The shift has also led to a rise in interest in 'bralettes,' a padding- and underwire-free option found at retailers like Aerie, the American Eagle Outfitters-owned lingerie company known for its unretouched models. Google Trends shows interest in bralettes has been on the upswing since summer 2014, and peaked in July 2016. After promoting cleavage-boosting bras for years, even Victoria's Secret has dubbed bralettes as "sexy," according to one of their 2016 ad campaigns. (The company is still the clear industry leader, controlling more than 60 per cent of the U.S. lingerie market, but its sales are down, says the Wall Street Journal.

This change in consumer demand is happening against the backdrop of France's burkini ban and ongoing hurdles facing mothers trying to breastfeed in public. And it's creating a striking contrast: While many women around the world are policed for their clothing choices, others have the comparative freedom to go bra-free and, in the case of celebrities like Kendall Jenner, flaunt nipple piercings publicly.

That's raising eyebrows among some feminists. Jean Golden, a professor of sociology at Ryerson University, says the bra-free trend isn't a substantive feminist issue, or a political movement. "It's a personal choice, especially for young women, framed by the hyper-sexualized media portrayal of young women's bodies," she says. "It does not address systemic sexism. It could be argued it feeds into it."

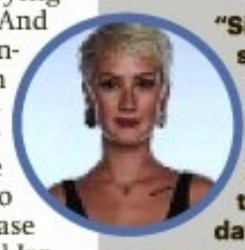
TORSTAR NEWS SERVICE

### QUOTED

**"I didn't realize how constricting bras are until I stopped wearing them."**
Nekesa Mbadiwe, 21, freelance writer

**"For me, it's about being comfortable, and liking how I look. I think if you want to wear a bra, that's great. If you don't, you don't."**
Dayna Armstrong, 26, floral designer

**"I like the shape of my breasts. You put on a bra, and it's too round, too perfect. It doesn't look like that."**
Bora Meraj, 26, bookstore employee



**"Since I've stopped wearing bras, when I do wear one, I can barely get through the day."**
Britt Caron, 27, child and youth worker

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# Everyone has a savings strength

ADVICE

## Discover what you excel at to make money in the long term

Gail Vaz-Oxlade
For Metro Canada

So often when the talk turns to money, people avert their eyes or scuff their toes against the ground, bashful to even get into the conversation. Not surprising really, since when the talk turns to money, most often it's about what we're doing wrong.

Here's the thing: you can't be doing it all wrong. You just can't. And so maybe what you need to do to open up the conversation with yourself (your partner, your best friend, your sister-in-law) is to focus on what you're doing right.

I'm good at discipline. I may hate collecting receipts and writing down everything I spend, but I do it. I may hate having to post all those spending-journal entries into my monthly budget, but I do it. I may hate picking up the telephone and making the call to get a fee adjusted or a service charge removed, but I do it!

Knowing what you're good at is a great place to start when you're trying to figure out how to make things work better with both your money and your life.

Let's say you're really good at finding a bargain, but you're not so hot on the pay-yourself-first savings approach. It doesn't matter that you pay yourself first and the money is whipped away to an account, if by the end of the month you've had to transfer that money back because something cropped up and you need the "savings" to stay even in your account.

Okay, let's take your strength and turn it to the problem with your savings. Sure, you're great at spotting a bargain and shopping smart. But if you never realize the savings ... if you never take that money out of your wallet and put it somewhere you can't spend it ... you actually haven't saved a thing.

**Finding and working to your financial strengths will help you battle and improve your financial weaknesses.** CONTRIBUTED

So now you're going to use your smart shopping as your springboard to save. Open up a savings account called "Smart Shopping" and every time you save so much as a nickel by shopping smart, save that money (perhaps in a jar at home first until you've accumulated $10) by moving it to your Smart Shopping account. Now every time you look at your balance, you can see what a smart shopper you are, because you'll have an ongoing running total of your brilliance.

The point is that most often you need to find the motivation to do things differently.

Use a strength to pull your areas of weakness into the sunlight and eventually overcome them. Knowing what you're doing right and moving from strength to strength makes way more sense than always beating yourself up for what you've been doing wrong.

### ASK YOURSELF

**Are you good at ...**

- Getting the best deals?
- Making your own stuff or fixing things?
- Sharing what you have with others?
- Keeping track of your money?
- Deferring the little pleasures so you have the money for the really big thing?
- Finding the highest return on your savings account?
- Finding ways to earn extra money when you need it?

DATING ADVICE

# Breadwinner may have to support partner who earns less

Sofi Papamarko
For Torstar News Service

I ask matchmaking clients personal questions. Sometimes, they're uncomfortably personal. But there's one personal question I'll never ask because it's none of my business: what's in their bank account.

This rule has gotten me off the hook more than a few times. Like when a female matchmaking client requests to be matched with a man who pulls in no less than a six-figure salary. Or when a male matchmaking client expresses his discomfort at the mere thought of dating somebody who makes more money than him.

In such cases, I heave a mighty inward sigh and say: "Sorry, I don't ask clients about their income."

Money does matter, but personal finances should not be a factor in the search for lifelong companionship. Jobs come and go, careers are often in transition, smart (and/or terrible) financial decisions can sometimes be made. What's important is how you and your partner handle your finances as a team through life's inevitable ebbs and flows.

When Amanda Scriver first made the leap from 9-to-5er to freelance writer, her partner Simon Gilbert supported her emotionally and financially (Gilbert has steady work as a café manager). A somewhat awkward period of adjustment followed.

When Scriver first started her freelance business, she had the foresight to meet with financial planner Shannon Lee Simmons of the New School of Finance. "(Simmons) really helped me set goals for myself," Scriver says. Simmons recommends talking openly and honestly as a couple about pressing financial matters.

"There's nothing worse that a giant money elephant in the room," Simmons says. "It leads to frustrations and resentment on all sides."

She suggests creating a budget together and sharing your fixed costs equitably, not equally.

"Figure out the equitable share by dividing each partner's take-home income by the monthly household take-home income. That should be the percentage that they contribute to shared household expenses," she says.

"Make a plan together that makes everyone feel heard and appreciated. It takes two to be financially fabulous," says Simmons, who offers a best-selling online financial course for couples titled Budget With Your Boo.

Learn more at windmobile.ca. Sale starts August 1, 2016, and is subject to change without notice. Eligible devices may be activated for $0 phones with WINDtab. WINDtab terms and conditions apply. Samsung, Samsung Galaxy Note 5, Samsung Galaxy S6, and Samsung Galaxy S5 Neo are trademarks of Samsung Electronics Canada, Inc. and/or its related entities used with permission. LG and the LG logos are registered trademarks of LG Corp. and its affiliates. Screen images simulated. WIND, WIND MOBILE and TRUE MOBILE FREEDOM are trademarks of Wind Telecomunicazioni S.p.A and are used under license in Canada by WIND Mobile Corp. © 2016 WIND Mobile.

YOU CAN DO THIS HAIRSTYLIST/BARBER

# 'Hairstyling is an art form'

## WHY I LIKE MY JOB

**Sargon Daved, 28, Senior Stylist at Salon Mirage & Spa in Hamilton, Ont.**

As a child, I preferred playing 'salon' to 'house.'

I always knew I wanted to do something creative professionally, but I didn't know where to start. At first I pursued fashion design; however, I soon learned that the profession didn't favour my social style. My entire day was spent with a sewing machine, and although it might be for some people, it wasn't for me. That's when I decided to sign up with Marvel Beauty Schools for hairstyling.

It was an intensive, 10-month program that taught me everything from short cuts to wig and hair enhancements. I knew I was cut out for the industry when I accepted my first full-time job and watched in amazement as my book of clients began to expand.

For this, I thank my gift of the gab. If there wasn't a social aspect to my job, I don't know how I'd function.

Hairstyling is an art form. I love giving my clients advice about their hair, and often joke that their self-confidence is in my hands.

In a way, I'm in control of how they feel about themselves — and despite the pressure, it motivates me to ensure each client walks away feeling confident and fabulous.

**See more of Sargon Daved's hairstyle creations on Instagram, @sargon.daved.** CONTRIBUTED/INSTAGRAM

**THE BASICS: Hairstylist/Barber**

**$28,750**

Median annual salary for an entry-level hairstylist or barber. Experienced stylists can expect to earn an average salary of **$42,500.**

**+12%**

Projected job growth rate over the next 8 years

Data for this feature was provided by payscale.com, jobbank.gc.ca, academycanada.com and onetonline.org.

## HOW TO START

Generally, an apprentice must accumulate approximately 3,500 hours of on-the-job and in-school training to be considered competent in the trade. This can take up to two years; however, most trade programs administer training within a public salon to give students direct access to clients.

Typical courses can include client service, cutting and styling, colouring, chemical hair relaxing and salon operations.

After completing the mandated work hours, graduates are eligible to write the interprovincial journey-person examination to be recognized as certified specialists in the trade.

## WHERE YOU CAN GO

With the exception of buzz-cutting robots, advanced technology likely won't replace the need for trained hairstylists or barbers. In fact, most clients seek personal connections and trusting relationships with their stylists.

Job prospects are particularly promising for barbers, colour technicians and aspiring salon managers.

Those seeking management-level positions may require additional schooling in business, marketing, salon design and accounting fundamentals.

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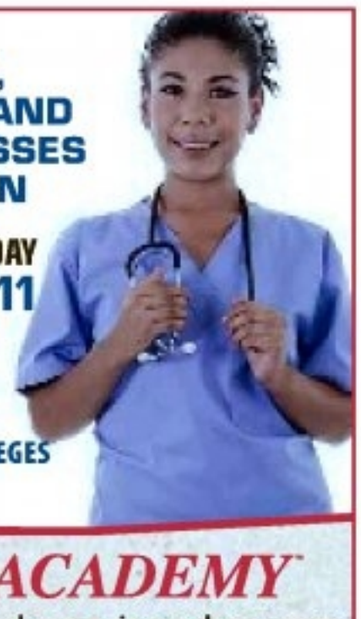

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# Kids strive to be picture perfect on Snapshots

Snapshots host Dalmar Abuzeid is seen with series contestants Luke Bianco, Simone Miller, Tristan Ly and Sara Lake. COURTESY CBC

PHOTOGRAPHY

## New CBC show helps young shutterbugs hone skills

Sara Lake usually reaches for her tablet, a Polaroid or her dad's phone to capture images, but her recent use of a fancier conventional camera offered a whole new lens into the world of photography.

"(It has) more zooming effects, so it makes everything look way more clear," said the bubbly 10-year-old. "Sometimes it's hard to zoom in, or when you press the button and sometimes it doesn't click properly," she admitted. "It's difficult, sometimes, but it's really fun."

Sara is one of several young shutterbugs getting a hands-on education on the finer points of photography on the CBC-TV children's series Snapshots, which premieres Saturday. Each episode sees three youngsters take part in photography challenges aimed at fostering competition, developing their skills of the craft and showcasing their knack for creativity.

Mentors are present to offer guidance to competitors on how to adjust their cameras or position their bodies to capture the ideal images.

Photography experts later judge from among their best photos. Meanwhile, a companion website (www.cbc.ca/kidscbc2) will allow kids across Canada to compete in a digital spinoff contest based on the challenges featured in the show.

"The kids that are on this show love photography and love an opportunity to learn about it and showcase their skills to other people," said Snapshots host Dalmar Abuzeid. "They're able to talk about what they like about their shots. They're able to talk with their peers. They're able to talk with their mentors. I think that's so important, and I think that really shows with the quality of the pictures that the kids take."

Fellow Snapshots contestants Kayla St. Ange and Brayden Williams, both aged nine, each make use of their tablets for photos. Kayla said she likes to snap images of graffiti and the sea, while Brayden's vast range of photo subjects includes sunsets, sports and animals. Both said they've gained valuable skills through participating in the photo competition series.

"I've learned how to do a proper angle because the mentor taught us a lot about that," said Kayla, who said the key is to move to a lower position to find a "nice one." Added Brayden: "I've learned how to get the full body in (to a shot), and I've learned landscaping, which is (shooting) horizontally, and I use portrait, which is (shooting) vertically."

Abuzeid said he's picked up a few photography pointers as well, such as the different aspects of backlighting and focusing images. He also marvelled at the ability of the youngsters to receive criticism of their work.

"If I was eight or nine and I was getting critiqued on my work ... I don't know if I'd be able to take in that information and apply it, but I think the kids on this show are really listening.

"When they hear they need to incorporate more light into their photos, I feel like they're going home and they're taking those notes." THE CANADIAN PRESS

> **Kids on this show love photography and love an opportunity to learn about it and showcase their skills to other people.**
> Snapshots host Dalmar Abuzeid

### BEYONCÉ TAKING A VOCAL REST

**Show postponed**

Even Beyoncé needs to slow down every once in a while. Under doctor's orders for vocal rest, the superstar singer has postponed the Sept. 7 MetLife Stadium stop of her Formation World Tour until Oct. 7, according to a statement. THE ASSOCIATED PRESS

metro SPORTS

Soccer star Megan Rapinoe knelt for the national anthem Sunday before the Seattle Reign's game "in a little nod" to 49ers QB Colin Kaepernick

# Canada confident Price will be ready for showcase

WORLD CUP OF HOCKEY

## Goalie anxious to get back into game action after hiatus

Jumping into competition for Team Canada was like jumping into a boiling pot for Carey Price.

There was no time for the 29-year-old to settle back into the crease at the World Cup of Hockey following a near-10 month layoff from game competition. Canada, which started training camp just outside the nation's capital on Monday morning, expects Price to be ready to go as its No. 1 when the two-week tournament gets underway in Toronto later this month.

"If you're here you have to be ready to play and you have to be ready to play from Day 1 and Carey was aware of that when he accepted the invitation," said Canadian general manager Doug Armstrong following the team's first practice.

"We're very comfortable that Carey is ready and he's very comfortable that he's ready to go."

Price missed almost all of last season for the Montreal Canadiens with a sprained MCL in his right knee. He last played in late November.

The B.C. native was in upbeat spirits among his Canadian teammates at Canadian Tire Centre in Kanata, if admittedly anxious to finally get back into game action.

Netminder Carey Price takes part in Team Canada's practice at the Canadian Tire Centre on Monday.
SEAN KILPATRICK/THE CANADIAN PRESS

Head coach Mike Babcock said no plan had yet been formalized for goaltending duties during the exhibition slate — that's expected Wednesday — though Price said he expected to play a full game in his first action whenever that might be.

Canada gets going with the first of three pre-tournament games against the United States in Columbus on Friday.

**.933**

**Price led the NHL in save percentage and won the Vezina Trophy in 2014-15.**

Price, who allowed only three goals in helping his country to gold at the 2014 Sochi Olympics, couldn't say how long it might take him to return to pre-injury form.

"Over 400 games in the NHL it shouldn't take me too long to get back into it," he said.

Canada won't have long to wait given the hurried nature of the World Cup, which finishes only two weeks after it begins on Sept. 17. The squad is rich, too, with backup options in the event that Price struggles, boasting 2016 Vezina Trophy winner Braden Holtby as well as two-time Stanley Cup champion Corey Crawford.

How much opportunity either gets in the three pre-tournament games is yet unclear, though Babcock has indicated that none of his goalies would play on back-to-back nights with the Canadians playing host to the Americans in Ottawa on Saturday. THE CANADIAN PRESS

MLB

## Yankees dish out knuckle sandwich

Given a quick lead, R.A. Dickey relinquished it in all of three pitches.

Jacoby Ellsbury overcame a first-inning deficit with a two-run homer, then added an RBI single against the knuckleballer to lead the New York Yankees over the Toronto Blue Jays 5-3 Monday.

"I had a lot of movement on it," Dickey said of his knuckler. "Sometimes this game's a matter of centimetres, you know, one that gets off the barrel, doesn't get off the barrel and it's popped out to right field."

**MONDAY In New York**

| 5 | 3 |
|---|---|
| YANKEES | BLUE JAYS |

Toronto had been 9-3 against the Yankees this year, winning seven of the prior eight matchups, and the Blue Jays needed only seven pitches to jump in front when Devon Travis doubled and Bautista singled, both on 0-2 counts.

But Brett Gardner singled in the bottom half and Ellsbury drove a high knuckler over the short right-field porch.

Ellsbury added an RBI single in the third, and rookie Travis Austin hit his second double of the game in the fourth, a drive off the wall in left-centre that drove in two runs for a 5-1 lead.

Dickey (9-14) gave up five runs and seven hits in four innings. Masahiro Tanaka (12-4) won his fifth straight decision, allowing two runs and seven hits in 6-1/3 innings.

AL East-leading Toronto entered the day one game ahead of Boston. THE ASSOCIATED PRESS

R.A. Dickey GETTY IMAGES

U.S. OPEN

## Serena takes lead in Slam match wins

Serena Williams surpassed Roger Federer for most Grand Slam match victories in tennis' Open era with No. 308, a 6-2, 6-3 win over Yaroslava Shvedova on Monday to reach the U.S. Open quarter-finals.

Williams hit a tournament-leading 126-m.p.h. serve, pounded 11 aces, won 28 of 30 points when a first serve landed in, and didn't face a break point against the 52nd-ranked Shvedova.

The top-seeded Williams is 308-42 at major tournaments, a .906 winning percentage, and is now three more wins from her 23rd Grand Slam singles title, which would break a tie with Steffi Graf for the most in the Open era, which started in 1968.

Serena Williams
GETTY IMAGES

Williams next faces No. 5 Simona Halep. THE ASSOCIATED PRESS

**IN BRIEF**

**Bale, Wales rout Moldova**

Gareth Bale set Wales on the path to reaching its first World Cup since 1958 with a brace and an assist in a 4-0 victory over Moldova at the start of qualifying on Monday.

The empathic display was the first outing by the Welsh since they stunned the continent by reaching the European Championship semifinals in July.

Bale's tally for international goals is now 24. THE ASSOCIATED PRESS

PGA

## McIlroy is money with new flat stick

Rory McIlroy rallied from six shots behind Monday and closed with a 6-under 65 to win the Deutsche Bank Championship for his first PGA Tour victory of the year.

**20**

**McIlroy won for the 20th time in his career worldwide.**

One week after working with a new putting coach and changing putters, results came quickly for McIlroy. He closed out the front nine with three straight birdies to take the lead and got up and down from a bunker for birdie on the final hole as a finishing touch.

Paul Casey, who started the final round at TPC Boston with a three-shot lead, needed to hole a 60-foot eagle putt on the 18th hole to force a playoff. Casey was trying to win on the PGA Tour for the first time since 2009. THE ASSOCIATED PRESS

# RECIPE Mini Turkey Meatloaves

PHOTO: MAYA VISNYEI

**Ceri Marsh & Laura Keogh**
For Metro Canada

There is so much to love about these wee meatloaves from their healthy mixture of ground turkey, oats and veggies to the fact they pack up nicely in the freezer.

**Ready in 1 hour**
Prep time: 15 minutes
Cook time: 45 minutes
Serves 4

**Ingredients**
- 1 glug of olive oil
- 1/3 cup onion, diced on the fine side
- 1/3 cup celery, diced small
- 1/3 cup carrot, peeled, diced small
- 1 tsp fennel seeds
- 1/2 cup of rolled oats
- 1 1/2 pound of ground turkey
- 1/4 cup ketchup
- 1 egg
- 1/4 cup Parmesan, grated
- 2 Tbsp ketchup
- 1 tsp Worcestershire sauce

**Directions**

**1.** Preheat oven to 375 degrees F. Warm olive oil in pan over medium heat. Add vegetables and the fennel seeds and allow to soften, 3 to 5 minutes. Remove from the heat and allow to cool a bit.

**2.** In a large mixing bowl, combine meat, oats, ketchup, sautéed vegetables, cheese and egg. Mix with clean hands or a fork. Use a 1/3 cup measure to scoop mixture and put it in muffin tin.

**3.** In a small bowl, mix 2 Tbsp of ketchup and 1 tsp of Worcestershire sauce. Use a small spoon to smear glaze over mini meatloaves. Pop in oven 40 minutes. The internal temperature for meatloaf should be 160 to 165 degrees F.

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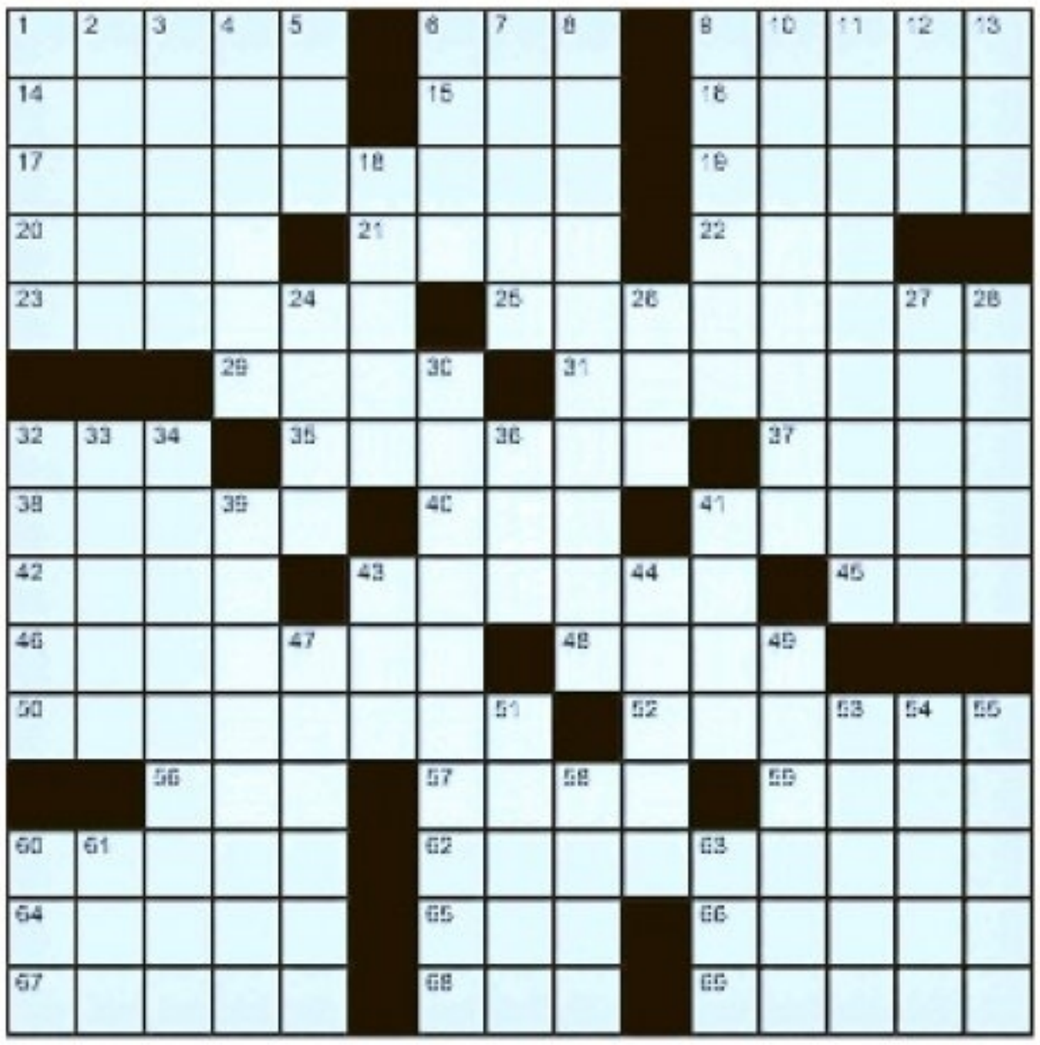
# CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



**ACROSS**
1. Trudges
6. Samantha _? (2007 to 2009 comedy series starring Christina Applegate)
9. He was a Titan
14. Ms. Linney
15. Poetic occurrence
16. Jokes-filled celebrity tribute
17. Mindful/considerate
19. Devil
20. Computers: Prefix to 'byte'
21. Like _ _ not...
22. Notes _ _ Scandal (2006)
23. Excused from
25. Nonchalantly
29. Water bird
31. BC: _ Mountains Provincial Park
32. Unhappy
35. Actually
37. Reclined
38. Prefix to 'comedy' (Theatrical genre)
40. Also
41. "So _ _ a song of love, Julia." - The Beatles
42. "The Simpsons" bus driver
43. _-_ Clan (Hip-Hop group)
45. 'Legal' suffix
46. More churned
48. Bagpiper's outfit piece
50. Dutch painter, Piet _ (b.1872 - d.1944)
52. Defends
56. Crete's country, curtly
57. Rich
59. Don Juan type
60. Electric shavers name
62. Thankfulness
64. Thicket
65. Request
66. Shock weapon
67. Second-year students, briefly
68. Observe
69. Skirt alternative

**DOWN**
1. _ glass windows
2. Disposable gloves material
3. Off-the-wall
4. Imagined
5. _ Antonio, Texas
6. Speck
7. Mayhem
8. Part of organist The Phantom's attire: 2 wds.
9. Zeal
10. They're part of a mani-pedi spa treatment
11. Vacation destination in the Charlevoix region of Quebec that's home to the Fairmont Le Manoir Richelieu resort (TRIVIA! 1909 to 1913 US President William H. Taft owned a place there): 2 wds.
12. Mount _ (Volcano of Japan)
13. RR depot
18. Book's name, en francais
24. Ms. Gilpin of Frasier
26. Pronounce
27. Butcher offerings
28. Toronto's long street
30. Energy source found deep within sedimentary rock layers: 2 wds.
32. Wild whack of weather
33. Star Wars: _-Detoo
34. Tinder, e.g.: 2 wds.
36. Hollywood workplace
39. 1970 Neil Young album: 'After the _ _'
41. 'Snow house' in Inuktitut
43. Dynasty of China
44. 'N' of SNL
47. Singer Ms. Cara's
49. Seafood side serving, _ sauce
51. _ back to health
53. Inspire with spirit
54. Fellows
55. Clairvoyants
58. Objective/reason
60. Ancient yrs.
61. Pal of Tigger
63. "_ better be!"

# IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

**Aries** March 21 - April 20
This is an excellent day to introduce reforms and improvements at work. Don't hesitate to make a suggestion. You might even see ways to improve your own health.

**Taurus** April 21 - May 21
You have a lot of energy to play, as well as to approach creative projects. Some of you might attract a powerful person in a romantic situation. An interesting day!

**Gemini** May 22 - June 21
Family discussions will be intense. But the intention will be to try to improve something at home, especially in areas related to bathrooms, laundry, recycling and plumbing

**Cancer** June 22 - July 23
You are very convincing today! This is a powerful day for those of you who sell, market, teach, act or write for a living. Nobody stands a chance against you!

**Leo** July 24 - Aug. 23
You might see new ways to earn money today. You also might see new uses or applications for something that you already own.

**Virgo** Aug. 24 - Sept. 23
Take a realistic look in the mirror today and ask yourself what you can do to improve your image. (You never get a second chance to make a first impression.)

**Libra** Sept. 24 - Oct. 23
This is an excellent day for research of any kind. You will instinctively go for the jugular and find what you're looking for.

**Scorpio** Oct. 24 - Nov. 22
If you work with someone today, your combined efforts can introduce improvements or help those who are less fortunate. You might meet someone very powerful.

**Sagittarius** Nov. 23 - Dec. 21
Be careful in all your dealing with bosses and authority figures, because they will be intense. This is not the day to go out on a limb unless you have done your homework

**Capricorn** Dec. 22 - Jan. 20
Discussions about politics, religion and racial issues are intense. However, you will start to see something with a fresh eye.

**Aquarius** Jan. 21 - Feb. 19
Discussions about shared property and debt will be powerful today, but things will be resolved. Keep the faith that you can improve something, even a financial relationship.

**Pisces** Feb. 20 - March 20
Conversations with partners and close friends are serious today. However, there is a possibility of scrutinizing a relationship with the intention of improving it.

**CONCEPTIS SUDOKU** by Dave Green

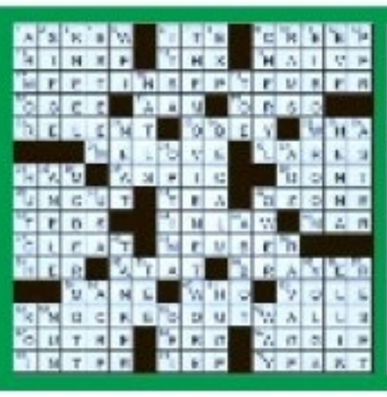
Every row, column and box contains 1-9

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | 3 | | 7 | | 8 | | 5 | |
| | | 1 | | | | 8 | | |
| | 2 | | | | | | 1 | |
| | | 9 | 2 | | 4 | 3 | | |
| | | 7 | | | | 2 | | |
| | | 8 | 9 | | 6 | 1 | | |
| | 5 | | | | | | 4 | |
| | | 6 | | | | 5 | | |
| | 9 | | 1 | | 2 | | 6 | |

## LAST WEEK'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

**for more fun and games go to metronews.ca/games**



| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 2 | 9 | 5 | 3 | 1 | 4 | 6 | 7 | 8 |
| 4 | 8 | 1 | 7 | 6 | 2 | 3 | 5 | 9 |
| 7 | 6 | 3 | 8 | 9 | 5 | 4 | 2 | 1 |
| 9 | 5 | 2 | 4 | 3 | 7 | 8 | 1 | 6 |
| 1 | 3 | 8 | 6 | 2 | 9 | 7 | 4 | 5 |
| 6 | 7 | 4 | 5 | 8 | 1 | 9 | 3 | 2 |
| 5 | 4 | 6 | 1 | 7 | 8 | 2 | 9 | 3 |
| 8 | 2 | 7 | 9 | 5 | 3 | 1 | 6 | 4 |
| 3 | 1 | 9 | 2 | 4 | 6 | 5 | 8 | 7 |

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Ultimate model shown♦

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|---|---|---|---|---|
| | 5YR | | | 7" |
| ✗ | CIVIC LX<br>MAZDA3 GX<br>COROLLA S | MAZDA3 GX | CIVIC LX<br>MAZDA3 GX<br>COROLLA S | COROLLA S |

## 2017 TUCSON 2.0L FWD

Ultimate model shown♦

### GET MORE THAN THE COMPETITION. GET INTO A TUCSON.

| | WARRANTY†† | FOG LIGHTS | LED DAYTIME RUNNING LIGHTS | HEATED FRONT SEATS |
|---|---|---|---|---|
| | 5YR | | | |
| ✗ | ESCAPE S<br>ROGUE S<br>CRV LX<br>RAV4 LE | ESCAPE S<br>ROGUE S<br>CRV LX<br>RAV4 LE | ESCAPE S<br>CRV LX<br>RAV4 LE | ESCAPE S<br>ROGUE S<br>RAV4 LE |

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|---|---|---|---|---|
| | 5YR | | | 3,058L |
| ✗ | ESCAPE S<br>CRV LX<br>EQUINOX LS<br>ROGUE S | ESCAPE S<br>CX-5 GX<br>EQUINOX LS<br>ROGUE S | ESCAPE S<br>CRV LX<br>CX-5 GX<br>ROGUE S | ESCAPE S<br>CRV LX<br>EQUINOX LS<br>ROGUE S |

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**5-year**/100,000 km Powertrain Warranty

**5 YEAR WARRANTY**

**5-year**/100,000 km Emission Warranty

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H-Factor

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